

# Aging at Home

Run by our Occupational Therapist and Nurse Practitioner, we provide home visits to older adults who are at risk for functional decline, hospitalization. Through assessment, education, and collaboration with patients and their families, healthcare professionals and community partners, we strive to provide support to seniors to be independent in their own homes.

## PROGRAM GOALS:

- Support to maintain quality of life for patients in safe environment and improve access to community based services.
- Reduce unnecessary visits to the emergency department



## WHO IS THIS PROGRAM FOR:

- Patients aged 65 years and older who require care and are unable to access the clinic.



***To participate in this program, please speak with your Family Doctor.***

***For more information please contact the Halton McMaster Family Health Centre at 905-333-8222.***



**Burlington**

Family Health Team

1221 Lakeshore Rd. #103 – Burlington – Ontario – L7S 0A1