

Looking for healthcare or social services in Burlington?

Help is just a click away!

Get the Burlington Health Navigator App – your one-stop resource for finding:

- A family doctor
- Hospital care
- Home care
- Mental health or addiction services
- Chronic disease support
- Social connection
- Palliative care
- Indigenous and LGBTQ2S+ resources
- Women’s health services
- ...And Much More!



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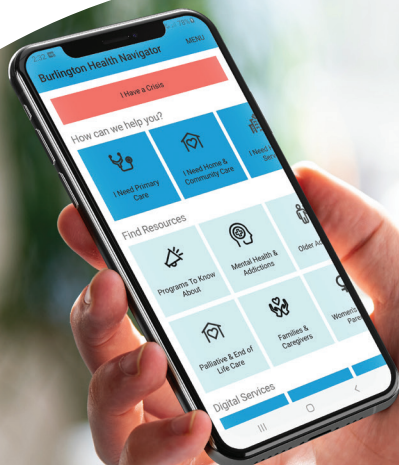


Other ways to connect:

Visit the Burlington OHT online: www.burlingtonoht.ca

Call a Community Resource Specialist

at 1-800-810-0000 ext. 1500



About the Burlington Ontario Health Team

Ontario’s healthcare system is complex and often challenging to navigate. Improvements are happening now, with Ontario Health Teams leading the way.

The Burlington Ontario Health Team (OHT) is a collaboration of local healthcare and social services providers who plan and work together as one team. When everyone shares information, uses technology effectively, and involves patients, families and caregivers, it’s easier for people to:

- Get personalized help navigating the healthcare system
- Receive care in their home and community
- Move from one setting to another without having to repeat their health care history
- Have an informed voice in their own care