

Mental Health

The Burlington Family Health Team Mental Health Team is made up of You, Your Family Physician, Nurse Practitioner, Mental Health Nurses, Registered Psychotherapists, Registered Social Workers, Pharmacists, Occupational Therapists and Psychiatrists.

PROGRAM GOALS:

- Supporting you to receive the *right* mental health care at the *right* place, at the *right* time
- Connecting you to mental health information, supports, and services in office and community
- Working together to meet your mental health goals



WHO IS THIS PROGRAM FOR:

- Services are for Patients of the Burlington Family Health Team who are referred by their Family Physician or Nurse Practitioner.



To participate in this program, please speak with your Family Doctor.

For more information please contact the Halton McMaster Family Health Centre at 905-333-8222.



Burlington

Family Health Team

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