

INSPIRED™

INSPIRED (Implementing a Novel and Supportive Program of Individualized Care for Patients and Families Living with Respiratory Disease) is a holistic, proactive, hospital-to-home care, providing patients/families living with late-stage COPD specialized care and support. The program includes: Self-management education, Action plans, Psychosocial & spiritual care support, and advanced-care planning.

PROGRAM GOALS:

- Optimization of medications and an action plan for prescriptions
- Continuity of care in hospital-to-home transitions
- Individualized, coordinated and proactive care
Partnership building with community and allied healthcare support



WHO IS THIS PROGRAM FOR:

- All patients who are living with COPD and would benefit from in-home support and monitoring



To participate in this program, please speak with your Family Doctor.

For more information please contact the Halton McMaster Family Health Centre at 905-333-8222.



Burlington

Family Health Team

1221 Lakeshore Rd. #103 – Burlington – Ontario – L7S 0A1