

Families First

The Families First initiative is a family-driven wraparound model of care that seeks to address the need for more open communication between primary care and community-based mental health services. This initiative hopes to build a system-wide understanding of families and the importance of truly and whole-heartedly listening to what they say, valuing what they bring to the table, and encouraging other communities to develop similar partnerships that will benefit families.

PROGRAM GOALS:

- To create a circle of care among health systems so patients receive the right care at the right time.
- To improve child/family outcomes by providing care coordination through wrap around services
- To connect families to their communities for an overall improvement in quality of life



WHO IS THIS PROGRAM FOR:

- A patient between the ages of 2-21 years living in the Halton Region with a diagnosed or possible diagnosis of a mental health struggle and a willingness to participate.



To participate in this program, please speak with your Family Doctor.

For more information please contact Families First Program Manager: Michelle Whalen at michelledw@rockonline.ca



Burlington

Family Health Team

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